

EvergreenHealth Breast Health Center  
**Exam Order Form**

**Patient Information**

Last Name \_\_\_\_\_  
 First Name \_\_\_\_\_  
 DOB \_\_\_\_\_  
 TEL (Primary) \_\_\_\_\_  
 TEL (Secondary) \_\_\_\_\_  
 Gender  M  F      Pregnant  No  Yes

**Patient Instructions**

**PLEASE BRING THIS FORM TO YOUR APPOINTMENT.**  
 Schedule your exam, if your doctor has not already done so, by calling **425.899.2831**. Map, address and directions are located on the back of this form.

**Exam Requested**

Please checkmark the exam at right and call to schedule, then fax this form to the number shown.

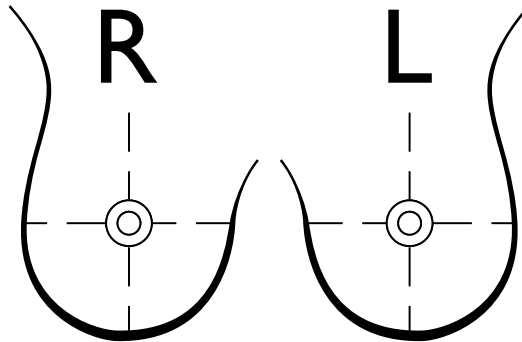
**TEL 425.899.2831      FAX 425.899.2828**

YES  NO  **Prior mammogram?**  
 EvergreenHealth Breast Health Center  
 Other Location \_\_\_\_\_  
 Date \_\_\_\_\_

**Required Clinical Information**

What are patient's signs/symptoms? Clinical question?  
 \_\_\_\_\_  
 \_\_\_\_\_

- Bone Density/DXA Scan**
- Screening Mammogram**  
 No symptoms or clinical findings in either breast.  
 (Annual > 40 years)
- Diagnostic Mammogram**  
 Unilateral:       Right     Left  
 Bilateral



- Mass/Lump (Mark diagram above.)**  
 Size: \_\_\_\_\_ cm    Distance from Nipple: \_\_\_\_\_ cm
- Skin Dimpling/Nipple Discharge**
- Persistent Focal Pain**
- Mastitis and/or Skin Changes**
- Implants/Augmentation Problem**

- Diagnostic Evaluation of Breast Problem**  
 This may include mammography, ultrasound, fine needle aspiration, percutaneous core biopsy.
- Breast Ultrasound**  
 (> 30 years: Include Mammogram)  
 Unilateral:       Right     Left  
 Bilateral
- Special Procedures**  
 Unilateral:       Right     Left  
 Bilateral  
 Stereotactic Core Biopsy  
 Ultrasound Cyst Aspiration  
 Ultrasound Core Biopsy  
 MRI Core Biopsy  
 Wire Localization  
 Galactogram  
 Breast MR (Check indication below.) w & w/o contrast  
 Tumor Staging  
 Silicone Implants  
 High Risk Screening     Diagnostic  
 Other \_\_\_\_\_
- YES  NO  **Patient has Kidney Disease, Diabetes or is over 60**  
 (If YES, provide BUN/Creatinine below.)  
 BUN/Creatinine levels (GFR): \_\_\_\_\_

**Ordering Physician's Signature**

Federal regulations require a physician's signature.

Please complete this form, then **FAX** it to the EvergreenHealth Breast Health Center at **425.899.2828**

## Exam Preparations

### ❑ Mammogram 425.899.2831 (scheduling)

A mammogram should be scheduled between the third and tenth day after the first day of period. Post-menopausal women may schedule mammogram for any time. On exam day, wear a two-piece outfit. From the waist up, **DO NOT WEAR ANY DEODORANT, LOTION, POWDER OR PERFUME**. Prior mammographic films are required for comparison. Inform staff of the location of your last mammogram so we may obtain the films.

### ❑ Bone Densitometry 425.899.2831 (scheduling)

Wear loose clothing and allow seven days between any barium study and your bone density study.

## Directions to EvergreenHealth Breast Health Center

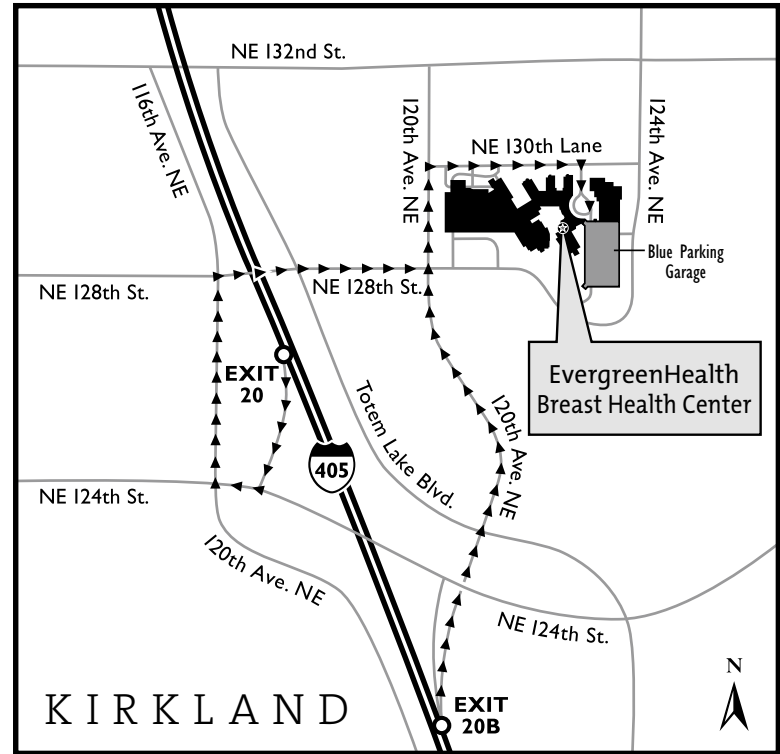
12040 NE 128th St. (Coral Zone), Kirkland, WA 98034  
Hospital Main Number: 425.899.1000

### Northbound on I-405

- Take the NE 124th St./ Totem Lake Blvd. Exit (20B)
- Stay to the right and follow the Totem Lake Blvd. Exit
- Proceed straight from the stoplight, up the hill on 120th Ave. NE
- Take next right onto NE 130th Lane
- Follow signs to “Central Entrance/ Patient Registration” and park in the Central Parking Garage

### Southbound on I-405

- Take the NE 124th St. Exit (20)
- Turn right onto NE 124th St.
- Turn right onto 116th Ave. NE
- Turn right onto NE 128th St.
- Go straight, past Totem Lake Blvd., to the 120th Ave. NE intersection
- Turn left at the stoplight onto 120th Ave. NE
- Turn right onto NE 130th Lane
- Follow signs to “Central Entrance/ Patient Registration” and park in the Central Parking Garage



### Parking: (Parking is FREE)

- From Level A (ground floor) of the Central Parking Garage, enter the hospital on the 2nd floor
- Take the elevator located by the entrance to Gift Shop, (Coral Zone) down to the first floor
- Check in at the Breast Health Center reception desk, located to the left as you exit the elevator