

EvergreenHealth Breast Health Center
Exam Order Form

Patient Information

Last Name _____
 First Name _____
 DOB _____
 TEL (Primary) _____
 TEL (Secondary) _____
 Gender M F Pregnant No Yes

Patient Instructions

PLEASE BRING THIS FORM TO YOUR APPOINTMENT.
 Schedule your exam, if your doctor has not already done so, by calling **425.899.2831**. Map, address and directions are located on the back of this form.

Exam Requested

Please checkmark the exam at right and call to schedule, then fax this form to the number shown.

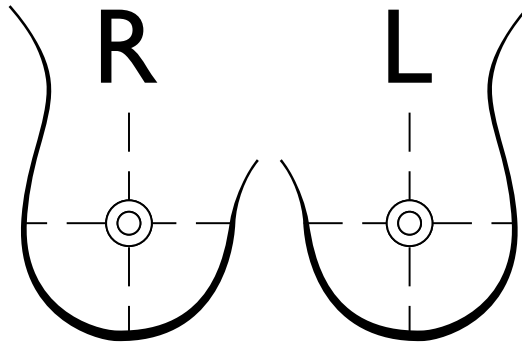
TEL 425.899.2831 FAX 425.899.2828

YES NO **Prior mammogram?**
 EvergreenHealth Breast Health Center
 Other Location _____
 Date _____

Required Clinical Information

What are patient's signs/symptoms? Clinical question?

- Bone Density/DXA Scan
- Screening Mammogram
No symptoms or clinical findings in either breast.
(Annual > 40 years)
- Diagnostic Mammogram
 Unilateral: Right Left
 Bilateral



- Mass/Lump (Mark diagram above.)
 Size: _____ cm Distance from Nipple: _____ cm
- Skin Dimpling/Nipple Discharge
- Persistent Focal Pain
- Mastitis and/or Skin Changes
- Implants/Augmentation Problem

- Diagnostic Evaluation of Breast Problem
This may include mammography, ultrasound, fine needle aspiration, percutaneous core biopsy.
- Breast Ultrasound
(> 30 years: Include Mammogram)
 Unilateral: Right Left
 Bilateral
- Special Procedures
 Unilateral: Right Left
 Bilateral
 Stereotactic Core Biopsy
 Ultrasound Cyst Aspiration
 Ultrasound Core Biopsy
 MRI Core Biopsy
 Wire Localization
 Galactogram
 Breast MR (Check indication below.) w & w/o contrast
 Tumor Staging
 Silicone Implants
 High Risk Screening Diagnostic
 Other _____
- YES NO **Patient has Kidney Disease, Diabetes or is over 60**
 (If YES, provide BUN/Creatinine below.)
 BUN/Creatinine levels (GFR): _____

Ordering Physician's Signature

Federal regulations require a physician's signature.

Please complete this form, then FAX it to the EvergreenHealth Breast Health Center at **425.899.2828**

Exam Preparations

❑ Mammogram 425.899.2831 (scheduling)

A mammogram should be scheduled between the third and tenth day after the first day of period. Post-menopausal women may schedule mammogram for any time. On exam day, wear a two-piece outfit. From the waist up, **DO NOT WEAR ANY DEODORANT, LOTION, POWDER OR PERFUME**. Prior mammographic films are required for comparison. Inform staff of the location of your last mammogram so we may obtain the films.

❑ Bone Densitometry 425.899.2831 (scheduling)

Wear loose clothing and allow seven days between any barium study and your bone density study.

Directions to EvergreenHealth Breast Health Center

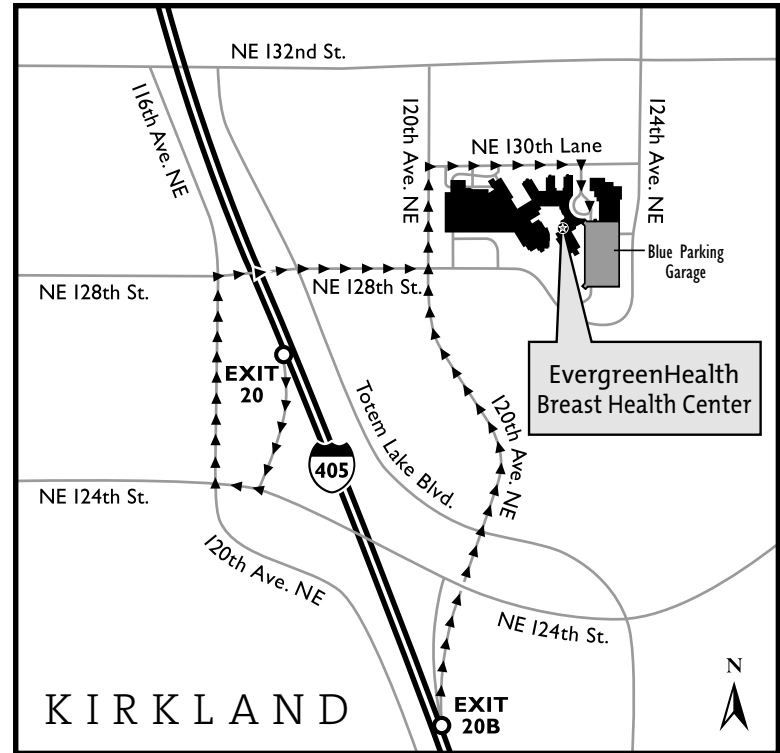
12040 NE 128th St. (Coral Zone), Kirkland, WA 98034
Hospital Main Number: 425.899.1000

Northbound on I-405

- Take the NE 124th St./ Totem Lake Blvd. Exit (20B)
- Stay to the right and follow the Totem Lake Blvd. Exit
- Proceed straight from the stoplight, up the hill on 120th Ave. NE
- Take next right onto NE 130th Lane
- Follow signs to “Central Entrance/ Patient Registration” and park in the Central Parking Garage

Southbound on I-405

- Take the NE 124th St. Exit (20)
- Turn right onto NE 124th St.
- Turn right onto 116th Ave. NE
- Turn right onto NE 128th St.
- Go straight, past Totem Lake Blvd., to the 120th Ave. NE intersection
- Turn left at the stoplight onto 120th Ave. NE
- Turn right onto NE 130th Lane
- Follow signs to “Central Entrance/ Patient Registration” and park in the Central Parking Garage



Parking: (Parking is FREE)

- From Level A (ground floor) of the Central Parking Garage, enter the hospital on the 2nd floor
- Take the elevator located by the entrance to Gift Shop, (Coral Zone) down to the first floor
- Check in at the Breast Health Center reception desk, located to the left as you exit the elevator